SUMMARY OF EVA FERNÁNDEZ MATEO'S TESTIMONY

Title: Believing and living in Hope to transmit it to the world.

Objectives

1. To present the formative process of General Catholic Action in Spain.

2. To show how this process transforms people's lives so that they become missionary disciples in the midst of the world.

Content

General Catholic Action wants to be an instrument at the service of parishes and dioceses, offering a lifelong process open to anyone who wants to grow in faith, not just members of the Association.

It is a formation process aimed at people of all ages that begins with the First Proclamation and seeks to care for all dimensions of the faith. It is an organised, gradual and balanced process that seeks unity between faith and life and is lived in a shared way in a group, walking together in the parish.

To this end, it provides formation itineraries that combine the Word of God, the contents of the catechism, the documents of the Magisterium of the Church and life itself.

This process is based on three pillars: knowing, praying-celebrating, and living the faith. It therefore proposes a sequence of sessions in which each of these dimensions will be given special attention.

The methodology used is see – judge - act, which fosters the conversion of each person and their personal and missionary transformation. This methodology helps us to recognise the Lord in everyday events and, by illuminating them with the Word of God and the Magisterium of the Church, to discover what God asks of us in our daily lives, to bear witness in the midst of the world and to become involved in building the Kingdom of God.

Thanks to this process, many people – children, young people and adults –grow in faith and, through discernment and the search for God's will in their lives, become true missionary disciples who, filled with God's love, proclaim Jesus Christ and transmit his love and mercy to all those around them.