



Training Course for becoming a Marriage and Family Coach

Beate and Prof. Dr. Christian Glöggler along with Sophia and Gloria





# Family as Domestic Church

Current examples during the COVID-19 pandemic:





Family as the first centre of faith

→ Enormous challenges for couples and families





Advent of training for couples and families



Academy: develop a consciousness of values, competences and skills



# Pastoral upon two Pillars: Church Community & Family

#### **Future of Pastoral Care**





Couples for couples

Families inspire families to embrace the faith

# **Training Structure**



1st year Life in Marriage and Family Mentoring marriages and families

2nd year

Sending out ceremony and certificate

Graduates

Practical application

**Networks** 

Conferences

Continuing formation

Written paper



**Practical Exam** 

Colloquium



## **Central Topics in the First Year of Training**

The unbeatable marriage team

God's footprints in our marriages and families

Family of origin – treasures and burdens

Balance of closeness and distance

Identity and calling as a couple

Parenting and pedagogy of trust

Through the liturgical year as a couple

Appreciation Empathy Authenticity Family, career and leisure

Church at home – domestic church

The art of the conversation

Life in the digital world

Trust and conflict

Intimacy and sexuality

Becoming parents

– staying a couple

Marriage as a Sacrament

# **Central Topics in the Second Year of Training**

Akademie für **Ehe und Familie** 

- → Communication training
- → Rhetoric and presentation skills
- → Coaching skills
- → Facilitation/Mediation













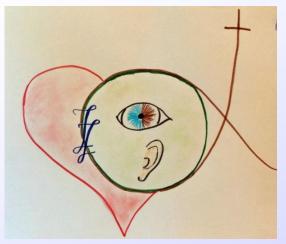


# **Our Vision of Marriage – in Pictures**













## Symbols and Rituals



Home shrine



Life experiences – brought before God

### **Prerequisites**





Mutual respect and willingness to invest in the relationship

Openess to new perspectives and behaviour patterns in marriage and family





Marriage in the Christian church and living the faith actively

Willingness to shape a project together







#### With the Church's blessing



# Practical applications and examples

House circles / Family circles

Marriage preparation seminars

Marriage and family catechesis

Family weekends

Workshops in schools

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Contact
www.akademie-ehe-familie.de
info@akademie-ehe-familie.de